

PHYSICAL EDUCATION DEPARTMENT POLICIES AND GUIDELINES 2020

Dear Parent/Guardian and Student

The Physical and Health Education Staff welcome you to the commencement of the school year. We trust that we may produce a good working relationship between staff, parents and students. As well as participating in school lessons we encourage students to represent the school in a wide range of sports in Champion Schools Competition. Leeming students and staff have built a very sound and respected reputation over the years. At the commencement of the New Year we would like to take this opportunity to outline the requirements and expectations of students in Physical Education classes at Leeming Senior High School.

Requirements

The school's Physical Education policy outlines that each student shall change into a PE uniform. The uniform is chosen and approved by the Leeming SHS P&C body. The uniform policy is for reasons of hygiene, to minimise damage to other school uniforms and ensure a change of clothes if your child gets wet during the winter months while participating in their class. The PE uniform is as follows:

Shirt	Leeming SHS Navy Blue/Red Shirt
Shorts	Leeming SHS PE Dark Navy Female or Unisex Sports Shorts These have the school initials on the left hand leg.
Shoes	Appropriate lace-up shoes for sport e.g. joggers, cross-trainers
Hair	All long hair needs to be tied back for safety
Wet Weather Jacket(optional)	Dark Navy. PE uniform to be worn underneath

Sanctions for repeatedly being out of PE uniform for Physical Education within each term will be imposed as follows:

- All instances of non-compliance will be recorded on Rollmarker and the students record. This may lead to loss of good standing and exclusion from some student events in line with the schools Behaviour Management processes.
- Continued non-compliance will jeopardise the selection and participation in any PE option classes or senior school classes that require students to change into a PE uniform. This includes Outdoor Education and Outdoor Recreation classes.
- Students will assist by taking out and returning PE equipment to classes.
- Students will be given detentions or Yard Duty.

Teachers in the PE Department encourage the students to accept responsibility for being prepared for class. The students know when their uniform is required and should be encouraged to get it ready and, if necessary, wash it themselves. Students are also encouraged to wear hats and sunscreen in the summer months and to bring along their own water container. Students are also required to change back into their school uniform at the conclusion of PE lessons i.e. **PE uniform is only to be worn during PE (and Dance) lessons.** Students wearing PE uniform for non PE lessons will be considered out of school uniform and subject to the relevant Student Services sanctions for this.

Students **may** choose to wear **navy blue** tracksuit pants but this is only an option during **term two and three**. If tracksuit pants are to be worn to PE **and** as part of their school uniform, then they may be asked to show two pairs of tracksuit pants so they can fulfil their obligation to **change** into a PE uniform. Physical Education classes will proceed as normal except in the most extreme weather conditions. Please note that students are still required to change into PE uniform on Free Dress Days.

Expectations

Students are expected to come to their PE class and;

- Participate to the best of their ability in the skill activities and games organised.
- Their participation should be based on the instructions given.
- Students should at no time endanger the welfare and safety of other class members.
- Bring their PE change and use the change rooms appropriately and in a timely manner.

Notes

If your child cannot participate due to injury or illness, a written note signed by a parent/guardian outlining the situation is required on the day and helps to avoid unnecessary problems at school on the day. If the problem is long term and is due to medical reasons, then a Medical Certificate should also be shown and an estimate of when they can resume PE classes.

If you have any questions, please call me at the school on 9237 6800.

Shane Ellis
Head of Department, Physical and Health Education